

## Ethically Sourced Ingredients

### ORGANIC YARROW HYDROSOL

Suitable for beauty and personal care applications.

**INCI:** Achillea Millefolium (Yarrow) Distillate

**Extraction:** Steam Distillation

**Shelf Life:** 1 Year

**Origin:** USA

#### Background:

Praan Naturals Organic Yarrow Hydrosol is meticulously steam distilled from the fresh aerial flower tops of *Achillea millefolium* by expert artisanal distillers who distill specifically for the hydrosol. It is not distilled as a byproduct of essential oil production. Distilled using copper alembic stills, Praan Naturals Organic Yarrow Hydrosol does not have the unpleasant "still note" that hydrosols can have when they are produced using stainless steel equipment. Distillation using copper stills may also help the hydrosol be more resistant to microbial growth.

Praan Naturals artisan distillation partner maintains strict organic certification, sustainability, ethical, sterilization and distillation procedures. As with all of our organic ingredients, Praan Naturals Organic Yarrow Hydrosol is certified organic by CCOF, a USDA-accredited certifying agency.

Commonly known as Yarrow, the species *Achillea millefolium* is a hardy, flowering perennial that is native to temperate regions of North America and the Northern Hemisphere. Yarrow produces compact aromatic flowers that tend to be predominantly white or yellow.

Yarrow possesses a remarkable number of therapeutic and wellness benefits. This revered botanical has been used and praised for thousands of years by many societies, and it holds a special place within many cultures and traditions. The genus name *Achillea* is attributed to Achilles, a Greek warrior and hero that is said to have administered yarrow to his wounded soldiers. Yarrow has been mentioned repeatedly throughout history. One of the oldest reports claims that Yarrow was discovered inside a burial ground dated to the Neanderthal period.

**Recommended Usage:** 1-100%

**Standard Packaging:** Available in jugs.

For more information about Praan Naturals premium quality Organic Yarrow Hydrosol and other certified organic and conventional ingredients, visit [PRAANNaturals.com](http://PRAANNaturals.com) or call our Customer Care department at (800) 340-0080 or (203) 702-2500.



#### Uses:

Organic Yarrow Hydrosol is well suited for use in a wide range of wellness and beauty applications. It soothes and tonifies the skin and is suitable for all skin types. Organic Yarrow Hydrosol can be used in place of water in your formulations. As the hydrosol is more gentle than its essential oil counterpart, Organic Yarrow Hydrosol can be a safer alternative for use in formulations intended for babies, children or pets. Within its extensive portfolio of benefits, Organic Yarrow Hydrosol helps to support normal respiratory and circulatory wellness. Although the aroma of Organic Yarrow Hydrosol isn't especially pleasing on its own, the hydrosol can be helpful in applications intended to provide emotional balance and a sense of calm. Due to FDA restrictions, we are not able to elaborate more fully on its potential applications, but we encourage you to research the properties and applications of this remarkable hydrosol.

#### Properties:

- 100% Pure
- Ethically and Sustainably Sourced
- Certified Organic by CCOF
- Clear
- Water-Soluble
- Characteristic Floral, Herbal Aroma

#### Organic Yarrow Hydrosol is Perfectly Suited for the Following Personal Care Applications:

- Skin Care
- Hair Care
- Nail Care
- Cosmetics
- Massage
- Aromatherapy
- Pet Care

