

## Ethically Sourced Ingredients

### PALO SANTO ESSENTIAL OIL

*Suitable for beauty and personal care applications.*

**INCI:** Bursera Graveolens (Palo Santo) Wood Oil

**Extraction:** Steam Distillation

**Shelf Life:** 2 Years

**Origin:** Ecuador

#### Background:

Palo Santo, *Bursera graveolens*, is a sacred, aromatic tree that is native to Ecuador and other regions of South America. The tree and wood are revered and have been used historically for a wide array of wellness, culinary, energetic and spiritual applications.

Praan Naturals Palo Santo Essential Oil is a clear oil that is steam distilled from the wood of this cherished tree. The oil is sometimes also known as *Holy Wood Essential Oil* because Palo Santo is considered by many to be sacred. Palo Santo shares some similarities to Frankincense (*Boswellia*) species as they belong to the same plant family, *Burseraceae*.

To produce therapeutic quality Palo Santo Essential Oil, the tree must be dead for at least two years. During this time, the limonene content in the wood increases. Limonene is responsible for the beautiful, citrus aroma, and it contributes to the beneficial properties of this remarkable essential oil. Our Palo Santo Essential Oil contains is sustainably sourced from a distiller that ensures that the wood is collected only from trees that have naturally fallen in the forest. Care is used at every stage of production to maintain the purity and freshness of our Palo Santo Essential Oil.

#### Uses:

Aromatically, Palo Santo Essential Oil possesses a distinctive aroma that is woody, balsamic, slightly sweet and faintly citrusy. It blends well with many essential oils including but not limited to those within the wood, citrus, spice, mint and resin families. Aromatically and energetically, it blends especially well with Frankincense Essential Oil.

Abundant in monoterpenes, particularly limonene, Palo Santo Essential Oil is helpful in supporting a healthy respiratory system. Within skin care applications, it is a lovely oil for supporting healthy, vibrant skin and for soothing irritated skin. Bugs tend to dislike the aroma of Palo Santo Essential Oil.



Emotionally, Palo Santo Essential Oil can be helpful in improving focus and clarity. It is a beautiful oil to include in formulations intended to support meditation and reflection. It is also regarded as an essential oil that helps to repel negativity, encourage a positive outlook and promote positive energy.

#### Properties:

- 100% Pure
- Ethically and Sustainably Sourced
- Clear, Thin Consistency
- Woody, Balsamic, Citrusy Aroma
- Abundant in Limonene
- Refer to GC/MS Report for Specific Composition Details

#### Palo Santo Essential Oil is Suitable for the Following Personal Care Applications:

- Skin Care
- Hair Care
- Cosmetics
- Aromatherapy
- Massage
- Spiritual and Energetic Formulations

#### Recommended Usage:

3.4% dermal maximum per *Essential Oil Safety Edition 2* by Robert Tisserand and Rodney Young.

**Standard Packaging:** Available in cannisters.

**For more information or to inquire about our selection of other certified organic and conventional personal care ingredients, visit [PRAANnaturals.com](http://PRAANnaturals.com) or call our Customer Care department at (800) 340-0080 or (203) 702-2500.**

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