



### NATURAL EXFOLIANTS

*Suitable for beauty and personal care applications.*

#### Background:

Natural exfoliants help to gently polish away rough and dead skin. Each exfoliant varies in the degree of exfoliation that it offers. Our nut and seed meals, for instance, provide moderate to aggressive exfoliation while also imparting the nutritive benefits of the natural oil content contained in the meal. Fruit fibers provide mild exfoliation and can be used in facial products or products for sensitive skin types. Coarser grains, such as salts, sugars and pumice are best suited for hands and feet.

Praan Naturals supplies a growing range of premium quality organic and conventional natural exfoliants that are suitable for use within facial, hand and body scrubs, polishes, soaps and other skin care formulations:

- **Fruit Seeds and Fibers**
- **Jojoba Wax Beads**
- **Nut and Seed Meals**
- **Salts**
- **Sugars**



For more information on Praan Naturals Natural Exfoliants and other certified organic and conventional ingredients, visit [PRAANnaturals.com](http://PRAANnaturals.com) or call our Customer Care department at (800) 340-0080 or (203) 702-2500.

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# PRAAN naturals®

## Ethically Sourced Ingredients

### FRUIT SEEDS AND FIBERS

Our natural, cosmetic grade fruit seeds are prepared by isolating the seeds from the dried fruit pulp and then carefully milling and sterilizing them. This process allows them to be used in skin care formulations without the chance of contamination. Fruit seeds are a visually eye catching addition to skin care formulations. They are suitable for use in viscous applications such as shower gels or where aggressive exfoliation is sought.

Fruit fibers are prepared by drying natural fruit pomace and then carefully sifting and milling it to a fine powder. Fruit fibers contain the natural fibrous components of the fruit and are ideal for use both as a gentle exfoliant and as a natural colorant within skin care formulations.

- Aronia Fruit Seeds (Available Upon Request)
- Bilberry Fruit Seeds (Available Upon Request)
- Black Raspberry Fruit Seeds | INCI: *Rubus Occidentalis* (Black Raspberry) Fruit Seeds
- Blackberry Fruit Seeds | INCI: *Rubus Fruticosus* (Blackberry) Fruit Seeds
- Blackcurrant Fruit Seeds (Available Upon Request)
- Blueberry Fruit Seeds | INCI: *Vaccinium Corymbosum* (Blueberry) Fruit Seeds
- Cranberry Fruit Fiber | INCI: *Vaccinum Macrocarpon* (Cranberry) Fruit
- Cranberry Fruit Seeds | INCI: *Vaccinum Macrocarpon* (Cranberry) Fruit Seeds
- Elderberry Fruit Seeds (Available Upon Request)
- Poppy Seeds, Dutch Blue | INCI: *Papaver Somniferum* (Poppy) Seeds
- Raspberry Fruit Seeds | INCI: *Rubus Idaeus* (Raspberry) Fruit Seeds
- Strawberry Fruit Seeds | INCI: *Fragaria Vesca* (Strawberry) Fruit Seeds
- Vanilla Bean Specks | INCI: *Vanilla Planifolia* (Vanilla) Bean Seeds

### JOJOBA WAX BEADS

Our 100% natural pure jojoba wax beads provide gentle exfoliation without leaving microlacerations on delicate skin. These soft, tiny, colorful spherical beads are superior to ground nut shells and pumice powders when used in gentle exfoliation products for the face and body. They are perfect for use within scrubs, body washes and soaps.

- Baby Blue | INCI: *Hydrogenated Jojoba Oil and Ultramarine Blue* (less than 1%)
- Blue | INCI: *Hydrogenated Jojoba Oil and Ultramarine Blue* (less than 3%)
- Brown | INCI: *Hydrogenated Jojoba Oil and Iron Oxides* (less than 1.5%)
- Green | INCI: *Hydrogenated Jojoba Oil and Hydrated Chromium Oxide Green* (less than 3.0%)
- Plum | INCI: *Hydrogenated Jojoba Oil, Ultramarine Blue* (less than 1.0%), and *D&C Red #30* (less than 1.0%)
- Red | INCI: *Hydrogenated Jojoba Oil and D&C Red #30* (less than 3.0%)
- Sierra Blue | INCI: *Hydrogenated Jojoba Oil and Soft Tech Blue #1 Aluminum* (less than 1%)
- Sweet Honey | INCI: *Hydrogenated Jojoba Oil, Oxide Yellow* (less than 1.0%) and *D&C Red #30* (less than 1.0%)
- White | INCI: *Hydrogenated Jojoba Oil*
- Yellow | INCI: *Hydrogenated Jojoba Oil and FD&C Yellow #5 Aluminum Lake* (less than 3%)

### SALTS

Salts are rich in minerals, but they are not as gentle as our finely ground meals or jojoba wax beads. Salts are ideal for hand, foot and body scrub applications intended for more thorough exfoliation, scrubbing and cleansing.

- Bolivian Pink, Fine | INCI: *Sodium Chloride* (Bolivian Pink Salt)
- Dead Sea, Fine | INCI: *Maris Sal* (Dead Sea Salt)

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### SUGARS

Natural sugars impart a luscious, slightly sweet aroma due to their natural molasses content. They provide gentle to medium exfoliation and are suitable for use in both facial and body scrub formulations.

- Golden Cane | INCI: *Evaporated Cane Juice (Sugar)*
- Turbinado | INCI: *Sucrose*

### NUT AND SEED MEALS

Our finely ground, pure nut and seed meals provide moderate to aggressive exfoliation while imparting the nutritive benefits of the natural oil content contained in the meal.

- Almond Shell Powder | INCI: *Prunus Amygdalus Dulcis (Almond) Shell Powder*
- Apricot Seed Powder | INCI: *Prunus Armeniaca (Apricot) Seed Powder*
- Cherry Seed Powder | INCI: *Prunus Avium (Cherry) Seed Powder*
- Coconut Shell Powder | INCI: *Cocos Nucifera (Coconut) Shell Powder*
- Grape Seed Powder | INCI: *Vitis Vinifera (Grape) Seed Powder*
- Jojoba Meal | INCI: *Simmondsia Chinensis (Jojoba) Seed Powder*
- Olive Seed Powder | INCI: *Olea Europaea (Olive) Seed Powder*
- Raspberry Seed Powder | INCI: *Rubus Idaeus (Raspberry) Fruit Seed*
- Walnut Shell Powder 35/60 | INCI: *Juglans Regia (Walnut) Shell Powder*
- Walnut Shell Powder 60/100 | INCI: *Juglans Regia (Walnut) Shell Powder*

### OTHER NATURAL CONVENTIONAL EXFOLIANTS

Bamboo Powder, also known as Banslochan Powder, is a finely milled, gentle powder that is rich in minerals and silica. Dead Sea Mud Powder is 14 mesh and contains the wide array of beneficial minerals found at the bottom of the Dead Sea. Pumice Powder is naturally derived from volcanic ash. It is well suited for foot scrubs and more rigorous exfoliation.

- Bamboo Powder | INCI: *Bambusa Arundinacea (Banslochan) Powder*
- Shredded Coconut, Extra Fine | INCI: *Cocos Nucifera (Coconut)*
- Pumice Powder | INCI: *Pumice*
- Rice Bran Powder, Fine | INCI: *Oryza Sativa (Rice) Bran*
- Rice Husk Powder | INCI: *Oryza Sativa (Rice) Husk Powder*



### CERTIFIED ORGANIC EXFOLIANTS

Praan Naturals offers a growing range of certified organic natural exfoliants. Please contact our helpful Customer Care Department if you require an organic exfoliant that we do not presently list as available.

- Chia Seed Flour | INCI: *Salvia Hispanica (Chia) Seed Flour*
- Flax Seed Flour | INCI: *Linum Usitatissimum (Linseed) Seed Flour*
- Grape Seed Powder | INCI: *Vitis Vinifera (Grape) Seed Powder*
- Raspberry Seed Powder | INCI: *Rubus Idaeus (Raspberry) Fruit Seed Powder*
- Rose Hip Seed Powder | INCI: *Rosa Canina (Rose Hip) Seed Powder*
- Sugar (Evaporated Cane Juice) | INCI: *Sucrose*

We also offer conventional and organic powdered herbs that are naturally exfoliating. Please inquire for details.

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